



Are social workers talking about your child being removed from your care?

We can help by:

- listening to you
- supporting you
- helping you understand what is happening
- helping you with contact arrangements

"It was just good to be able to talk to someone"

birth ties

Call our Birth Ties helpline free on

0800 840 2020

www.birth-ties.org.uk

Birth Ties provides independent support to birth parents and relatives who face losing a child to adoption or who will no longer be parenting their child.

We can:

- arrange to see you
- speak to you on the phone
- send you information
- put you in touch with other families who have or have had similar experiences

Birth Ties is a service of After Adoption – Registered Charity 1000888. After Adoption is committed to safeguarding children and vulnerable adults and promoting their welfare. We work within statutory guidelines, regulations and seek to set and attain the highest standards of developing practice. Find out more: www.afteradoption.org.uk/safeguarding
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“They really helped me put my life back together”

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